

## **Scarborough Outrigger Canoe Club Inc.**

## **Application for Membership**

I hereby apply for membership of Scarborough Outrigger Canoe Club								
New Mem	bership	Transfer fro	om another club	AOCRA Number:				
Given Names:		Surnar	me:	DOB:	M/F			
Address:								
Phone:			Email:					
Membership Category - All fees are non-refundable  Adult - \$300.00  Social - \$175.00  Junior (up to 16 years) - \$150.00 includes a shirt, drink bottle & hat  Additional Junior (up to 16 years, same immediate family) - \$75.00 includes a shirt, drink bottle & hat  Canoe Storage - \$100.00 (subject to availability)  Members are required to register individually with AOCRA, current fee is \$45.00 for Juniors and \$70.00 for Adults. This is in addition to club fees and is a compulsory requirement to retain membership. Please visit the AOCRA website to register as a member <a href="https://aocra.com.au/member-signup">https://aocra.com.au/member-signup</a> .								
competent swin canoe and on the continue to rely information pro Photographs: I	mmer or that as I an he water. I certify th y upon this declarati ovided by me may b acknowledge and co	n not a compete at all information on as evidence e distributed an onsent to photo	ent swimmer, I will alw on provided is true and of my fitness and abili nongst other club men graphs being taken of	ode of Conduct and any by-la rays wear a personal flotation I correct. I understand and a ty to participate. I acknowled onbers for the purposes of con me during my participation i ther purposes without my fu	n device whilst in the ccept that SOCC will dge that the mmunication. In SOCC activities. I			
I have read and understand the SOCC Code of Conduct and agree to abide as a member of the Scarborough Outrigger Canoe Club.								
Emergency Co	ontact							
Given Names:		Surna	nme:					
Address:								
Mobile:		Work:		Home:				
Email:								

## Medical and Physical Declaration – Please complete below

Aim: To identify those individuals with a known medical condition, signs or symptoms of a medical condition, and who may be at a higher risk of an adverse event during physical activity/exercise.

Please Circle 1. Do you have a heart condition? Yes/No 1a. If yes: Are you taking prescription medications to manage your heart condition Yes/No Have you ever undergone heart surgery Yes/No Do you have a pacemaker Yes/No Yes/No 2. Have you ever had a stroke? 3. Have you ever experienced unexplained pains in your chest, arms, throat or Yes/No jaw at rest or during physical activity/exercise? 4. Do you ever feel faint or have spells of dizziness during physical Yes/No activity/exercise that causes you to lose consciousness or balance? 5. Do you have Asthma? Yes/No 5a. If yes: Do you require prescription medication to manage your asthma? Yes/No Have you suffered from an asthma attack requiring immediate medical Yes/No attention at any time over the last 12 months? 6. Do you suffer from Type I or Type II diabetes? Yes/No 6a. If yes, do you require insulin? Yes/No 7. Do you have a learning disability? (To ensure we are meeting your communication Yes/No needs) 7a. If yes, please describe: 8. Do you suffer from any major muscle, bone or joint problems that may be Yes/No made worse by participating in physical activity/exercise? 9. Do you have any other medical condition(s) that make it dangerous for you Yes/No to participate in physical activity/exercise? 10. Do you have any allergies or have/had adverse reactions to any drugs, food, Yes/No medical dressings or anything else? 10a. If yes, please describe: 11. Have you had surgery or injured yourself in the past for which you required Yes/No treatment? 11a. If yes, please describe:

12. Do you have a	ny current injuries?			Yes/No					
12a. If yes, please									
12b. Are your inju	Yes/No								
Disclaimer:									
<ul> <li>If you answered NO to all the above questions and you are confident that you have no other concerns with your health, then you may proceed to participate in physical activity.</li> </ul>									
<ul> <li>If you have answered YES to any of the questions above or are unsure, please check with your GP before commencing physical activity.</li> </ul>									
I believe to the best of my knowledge that all the information I have provided in this tool is accurate. In the case that either my medical condition changes or I become injured over the course of my training, I will inform Club First Aid and Coaches. I understand that I would then be required to complete a new Medical and Physical Declaration.									
Signature:	Date:								
Parental/Guardian legal consent (for an applicant under the age of 18 years)									
I have read, understood, acknowledged and agreed to the declaration and application and conditions of membership and I personally consent to the declaration and application for membership of the applicant.									
Given Names:		Surname:							
Signature:		Date:							
Club Hee Cala									
Club Use Only: Club Coach Sighted and									